



# Reaching Youth with Modern Contraception

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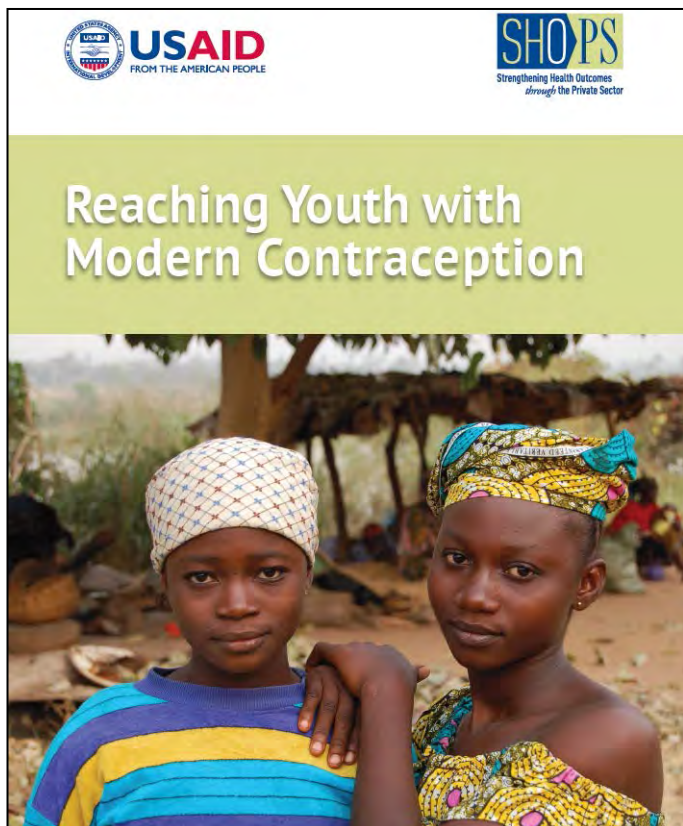




- Study background
- What we know about youth and contraception
  - Methods used
  - Variations by age, marital status
  - Sources for contraceptive supplies
- Implications for policies and programs



# Study background

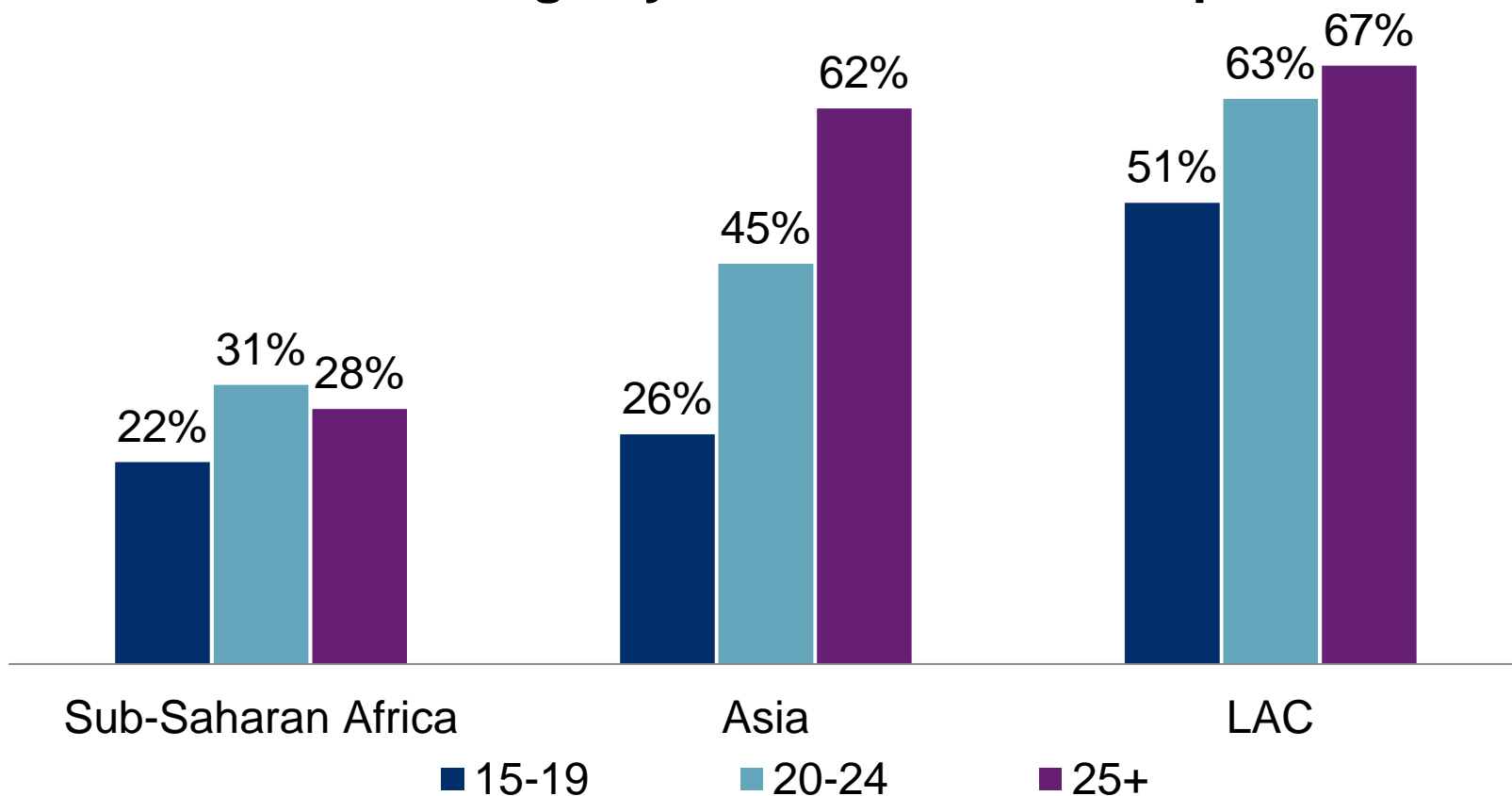


- Goal: understand private sector's role in meeting youth's contraceptive needs
- Data from 42 Demographic and Health Surveys; regional estimates for sub-Saharan Africa, Asia, LAC
- Sexually active non-pregnant:
  - Adolescents 15-19
  - Young women 20-24
  - Compared to women 25-49



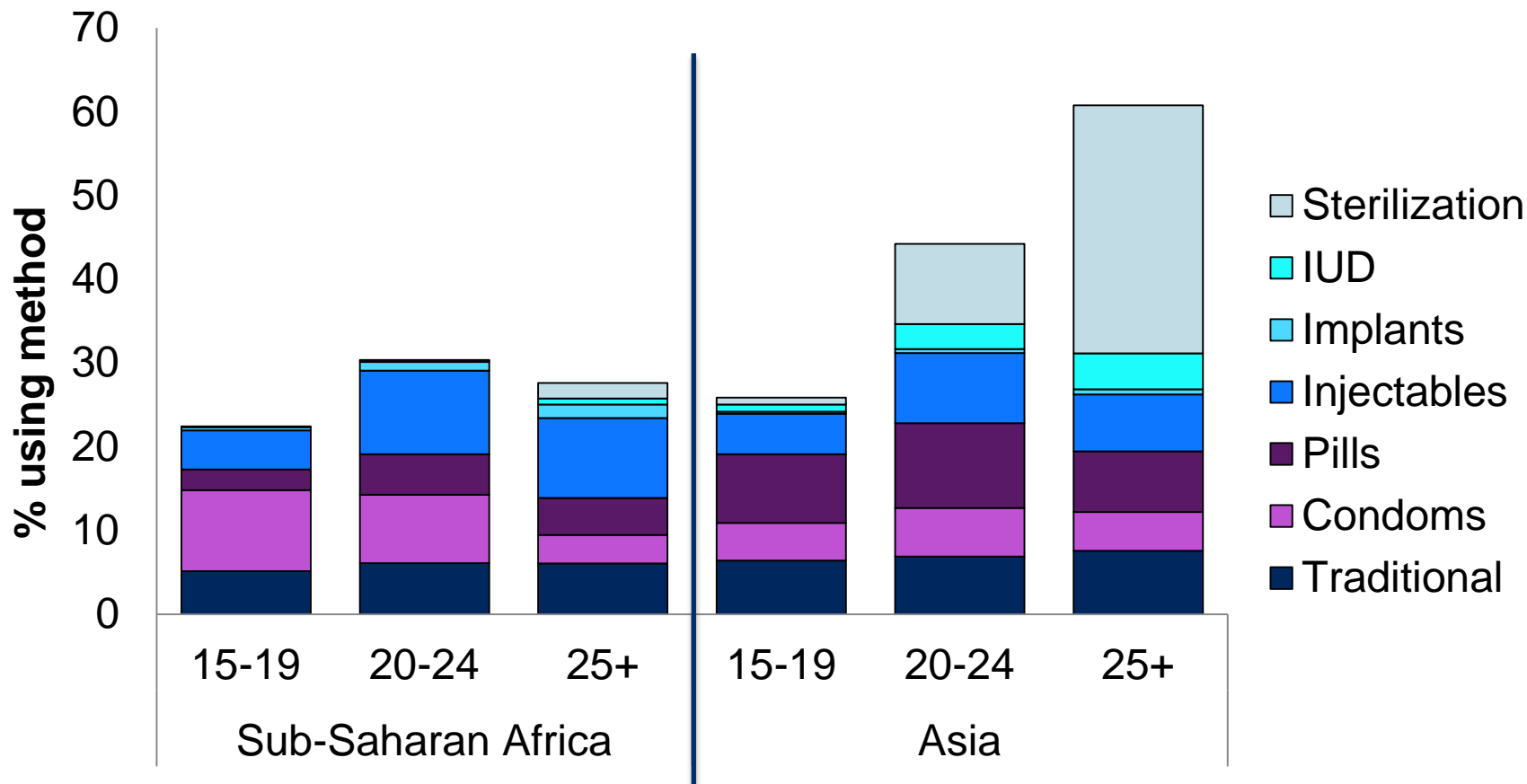
## Contraceptive use is lowest among adolescents in all regions

### Percent using any method of contraception



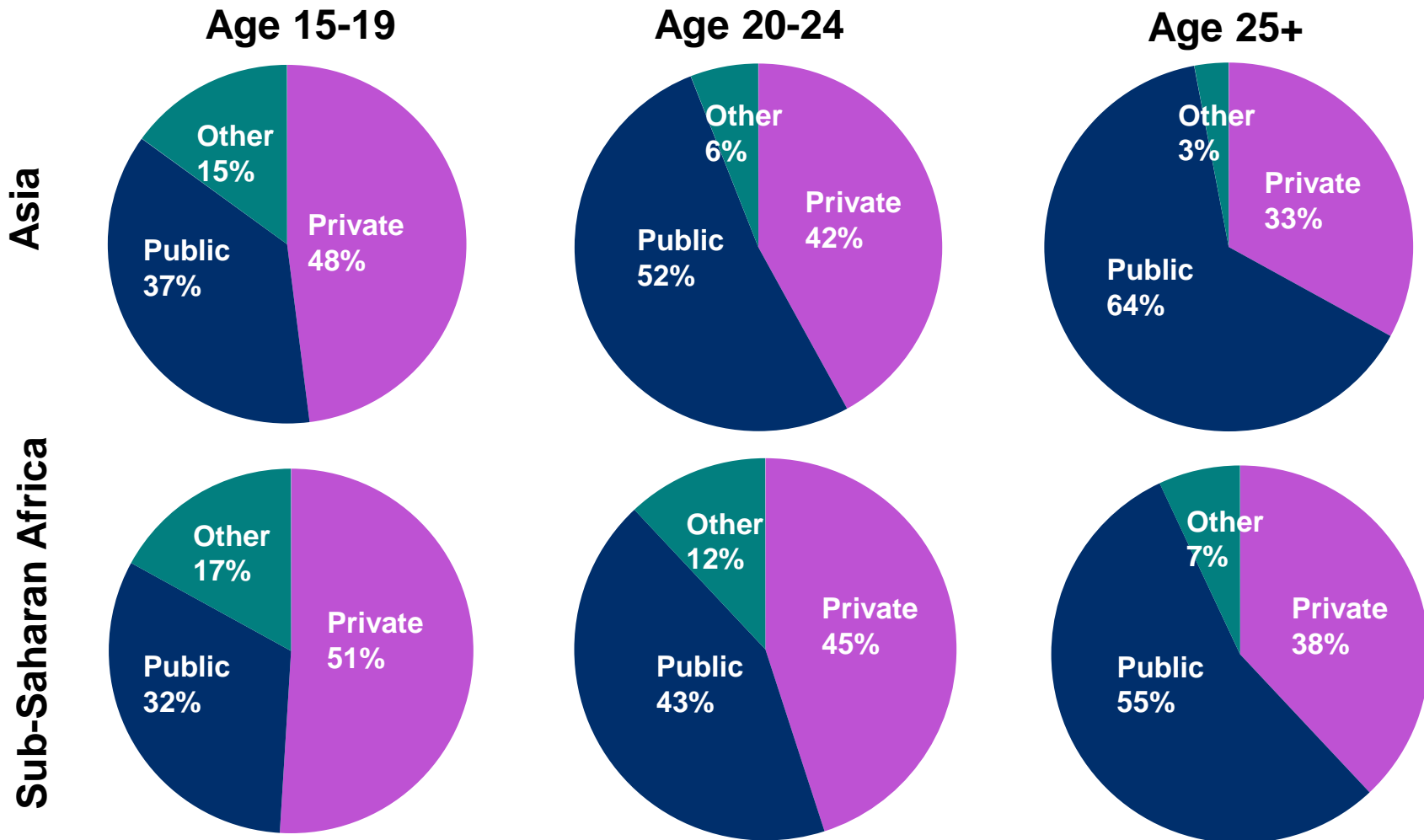


## Methods used vary by age; condoms, pills, and injectables



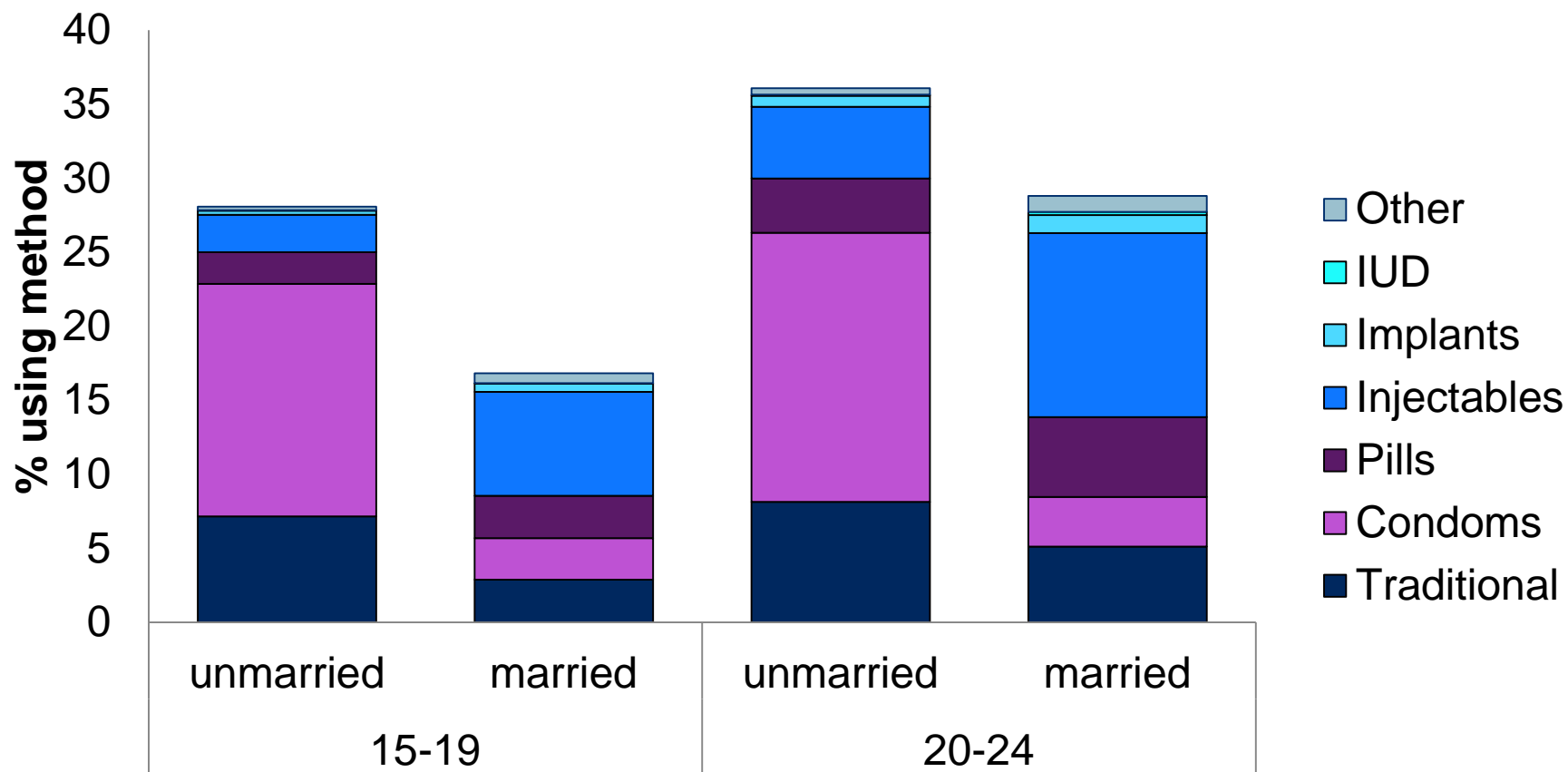


# Half of adolescents use contraceptives from private sector sources



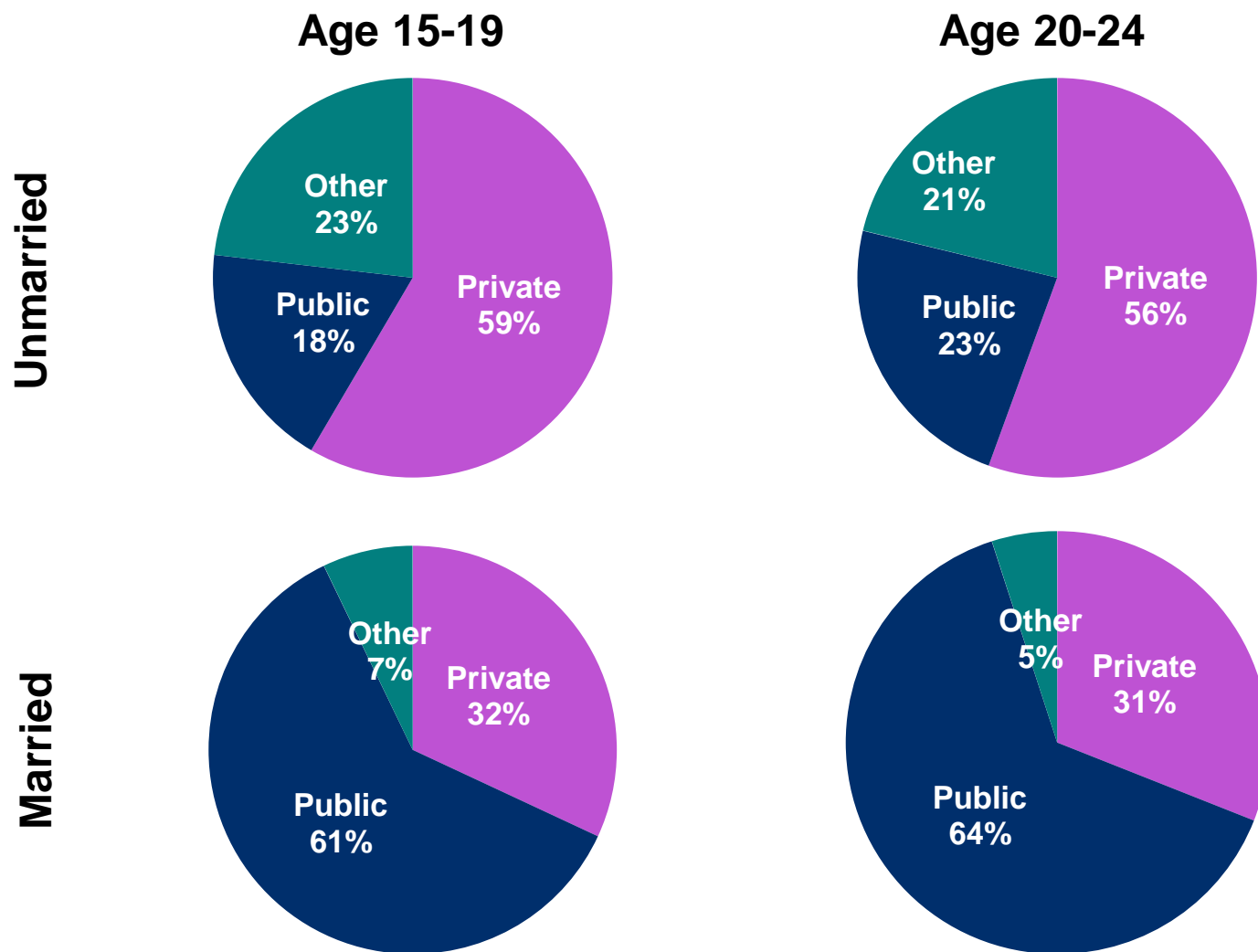


# Sub-Saharan Africa: methods and levels of use by age and marital status





# Sub-Saharan Africa: private sector is the main source for unmarried youth







## Key findings

- Contraceptive use lowest among adolescents than older women in all regions
- Youth rely predominantly on short-acting methods: condoms, injectables, pills
- Private sector is key source for contraceptives:
  - Half of adolescent users received supplies from private sector
  - More than half of all unmarried users rely on private sector sources
- LARC use is very low; 1% or less among adolescents
- Study doesn't tell us *why* youth, particularly unmarried youth, rely on private sector



***“In our neighborhood,  
there is a doctor in the  
public health center  
and a BlueStar doctor.  
I choose to go to the  
BlueStar doctor in  
Ambodavenina as it is  
more confidential...  
even if it was further  
from my home”***

**– Marie Regina, 20  
Madagascar**





## Conclusions

- Young people use different methods, rely on different sources
- Unmarried sexually active youth have particular needs
- How can we leverage private sector to increase youth access to and use of contraception?



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