Providing health insurance to the low income employees of Formal Sector

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What is health insurance?

This is an arrangement in which one party (**the insured**), upon payment of a specified amount of money (known as **premium**) to another party (the insurer) is provided **access** to a predetermined set of benefits (**health services**), rendered by specified **Healthcare Providers**. These benefits are often greater in quantum to the premium paid by the insured and are available for a period of time usually one year.

Benefits of health insurance

- 24/7 access to preventive, curative and rehabilitative services
- Removes the challenges of out of pocket payment for medical services
- Insulates against consequences of catastrophic illnesses
- Ensures proper management of chronic ailments and conditions
- Provides wellness and preventative care
- Emergency care nationwide

Health insurance coverage in Nigeria

- As at today, only about 5m or 4% of the population have any form of health insurance
- About **80%** of these are Federal government employees on (NHIS)
- Most of the 20% on private health insurance are sponsored by their employers
- An increasing number of people in the informal sector are getting cover through CBHI schemes

Who are the low income earners? Low income earners are commonly found among - -

- Unskilled workforce
- Part-time workers
- Casual workers
- Contract staff / temporary workers

Characteristics of low income earners

- Low standard of living poor accommodation & hygiene e.t.c
- Prone to dangerous lifestyle (smoking, consumption of illicit alcohol)
- Bears the most of disease burden (e.g. malaria, typhoid fever e.t.c)
- Lacks access to modern healthcare (physical & financial)
- Patronage of traditional / alternative healthcare services

The need to provide health insurance

- Low income earners constitute a significant percentage of nation's workforce
- Their poor health profiles impact negatively on the nation's health indices
- Providing health insurance to this group will bring about significant growth in the funding & provision of health services in the country

The challenges – Formal sector

- Lack of information(b/w employer & employees)
- Designing appropriate health plans & premiums
- Administration and high staff turn over
- Adherence to old habits under retainer services
- Poor understanding of health insurance

The challenges – Informal sector

Lack of awareness (due to education, culture & religion)
Designing Health Plans to suit each community
Ability & willingness to pay the requisite premiums
Getting suitable health facilities in the rural communities

Provision of health insurance - 1

- Creating awareness on the benefits of health insurance
- Health education to improve hygiene, reduce risks & amend life styles
- Designing robust health plans at affordable premiums to meet the needs of the groups
- Engaging suitable health facilities to provide quality medical services

Provision of health insurance - 2

- Ensuring effective monitoring of services rendered by Providers & setting up functional grievances resolution
- Conducting impact assessment to ensure sustainability of the scheme
- Collation of data / returns from Providers for actuarial studies

Values of health insurance programmes for the low income earners

- Improved health status of the individuals & communities
- Improved health indices of the communities and the nation
- High productivity and profitability on the part of the companies
- Systematic & improved funding of the health system

Achieving set objectives

Total commitment to the cause(cost vs profit)
Reaching the people (cost vs beliefs)
Designing the right Plans (cost vs willingness)
Building the required capacity (cost vs talent)
Building the required network (cost vs cost)

conclusion

✓ People should have inalienable right to health

✓No one should be denied access to health care due to his socio economic status

We all have the responsibility to "make this happen."