

Four rules of treating Diarrhea at home



1. Give the child more fluids.

Immediately teach the mothers of diarrheal child the method of making ORS ask to feed the same to the child.



2. Give Zinc tablets to the child, everyday for 10 days.



3. Continue feeding the child as usual.

Teach mothers to give Zinc tablets for 10 days along with ORS.



4. Take the child immediately to a health-centre if the condition doesn't improve or worsens; the child is unable to eat or drink, develops fever & passes blood in stool.

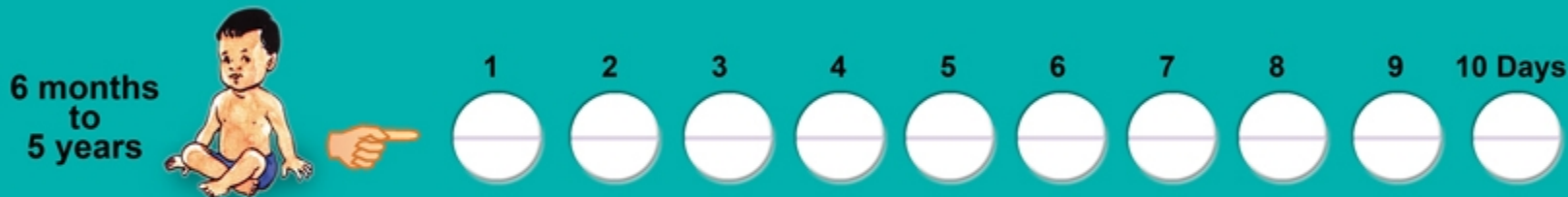
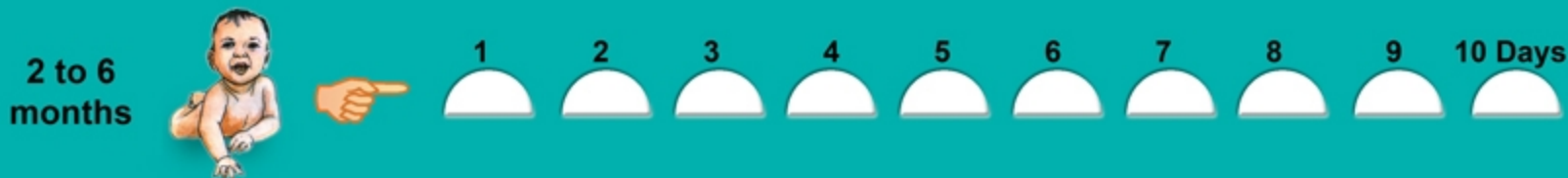


Use of Zinc tablets along with ORS in the treatment of Dairrhea.



Advantages: Reduces the frequency of diarrheal episodes, helps recover quickly, improves immunity and reduces severity of illness and mortality.

Regimen of Zinc Tablets



Method of giving Zinc Tablets

- Take a small amount of water in a teaspoon.
- Put Zinc tablets according to the age of the child.
- Let the tablet dissolve.
- Give all the dissolved Zinc to the child.

