

# Sources for sick child care in *Myanmar*

One in a series of analyses by SHOPS Plus

July 2018





## Purpose of this analysis

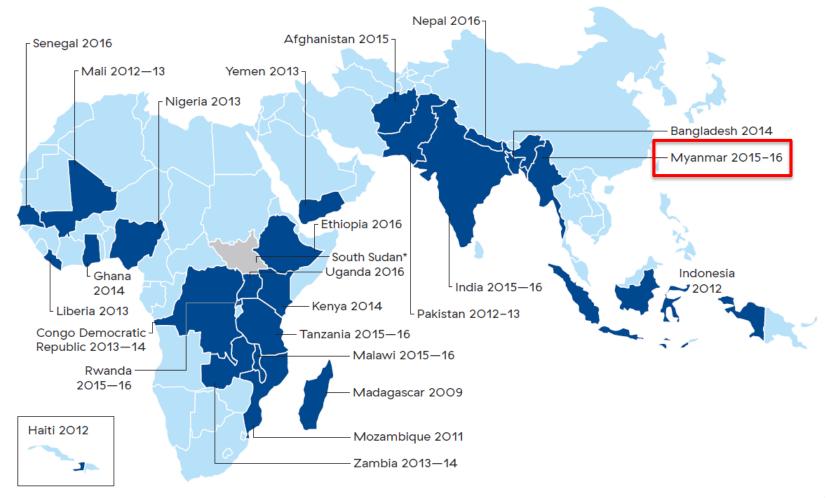
- Understand whether and where Burmese caregivers seek advice and treatment for their sick children
- Examine differences in care-seeking patterns by illness and socioeconomic levels, and within public and private sectors
- Share data in a usable format
- Inform policies and programs to prevent child deaths



Theis Kofoed Hjorth

# Demographic and Health Survey (DHS) data analyzed from 24 priority countries

#### USAID priority countries analyzed using Demographic and Health Survey data





## Myanmar 2015-16 DHS data: Interviews with mothers of young children

Mothers of children five years old or younger were asked:

- Whether their children had experienced fever, symptoms of acute respiratory infection (ARI), or diarrhea in the past two weeks
  - If yes, asked whether they had sought advice or treatment from any source
    - If yes, asked where they had sought advice or treatment



# This analysis will tell you:

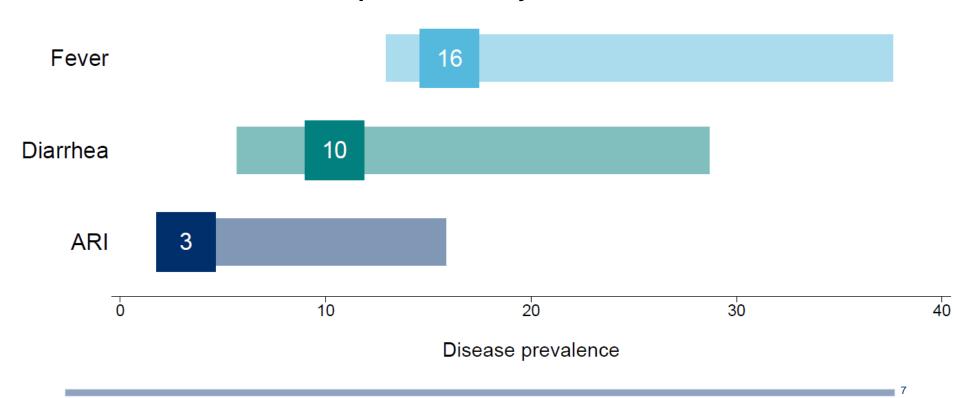
- 1. What percentage of children in Myanmar experience fever, ARI symptoms, and/or diarrhea?
- 2. What percentage of caregivers seek advice or treatment outside the home for children with these illnesses?
- 3. Among those who seek out-of-home care, what are the sources?
  - a) Public, private, other
  - b) Clinical vs. non-clinical
- 4. How do patterns of care-seeking vary by:
  - a) Illness: fever, ARI, diarrhea
  - b) Countries within the Asia region
  - c) Wealth quintile: poorest and wealthiest Burmese

# How frequently do children in Myanmar experience fever, ARI symptoms, and/or diarrhea?

### Myanmar has lower child illness prevalence compared to many of its neighbors

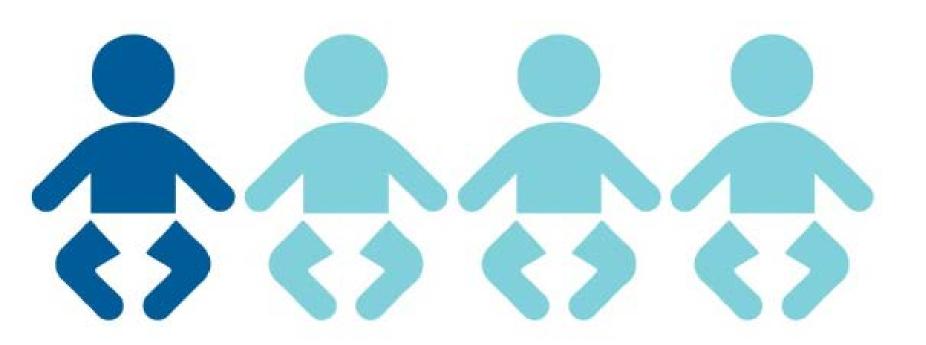
Bars show **range** across Asian USAID priority countries; squares show **Myanmar** 

#### Illness prevalence: Myanmar and Asia





1 out of 4 children in Myanmar experienced fever, ARI symptoms, and/or diarrhea in the last 2 weeks.

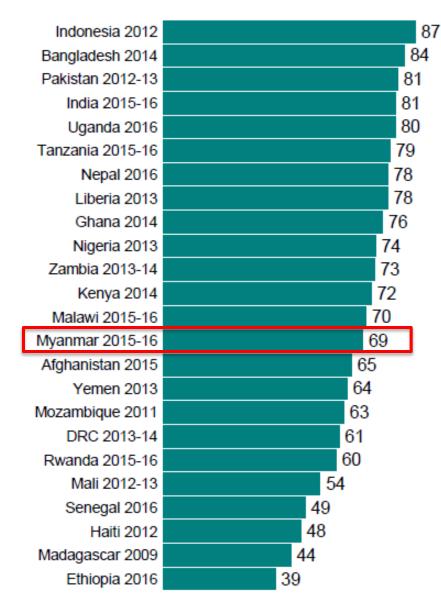


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# How frequently is out-of-home care sought for Burmese children with these illnesses?



## Myanmar care-seeking level is mid-range compared to in other USAID priority countries

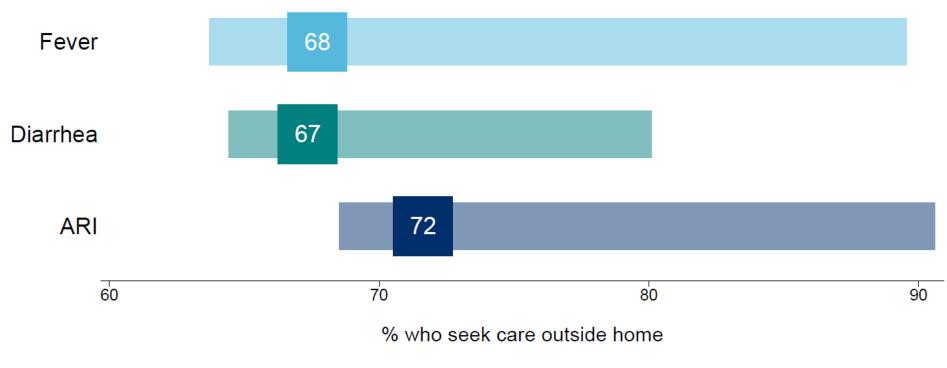


% of caregivers who seek treatment for children with any of the three illnesses in each of the 24 USAID priority countries analyzed

## Myanmar's care-seeking levels are among the lowest in the Asia region

Bars show range across Asian USAID priority countries; squares show Myanmar.

#### Caregivers who seek care outside the home: Myanmar and Asian priority countries



# Among Burmese who seek out-of-home care, what are the sources?

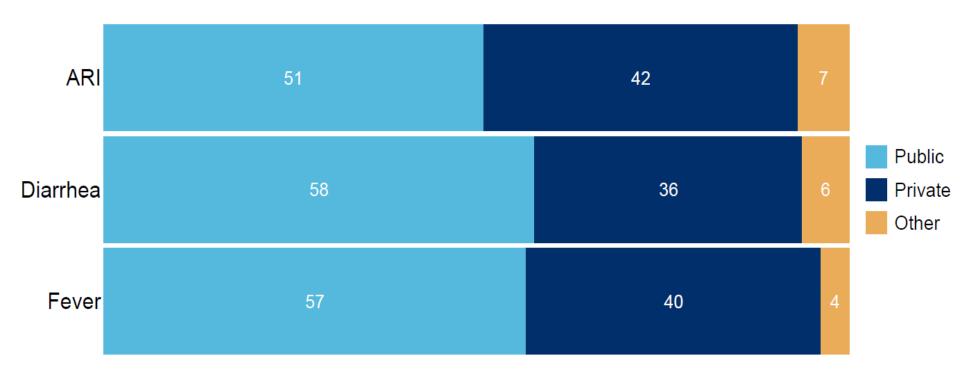
Public, private, other

# Sources of care

Public sector	Private sector	Other
<ul> <li>Hospitals</li> </ul>	· Private clinics,	· Traditional
<ul> <li>Health centers</li> </ul>	hospitals, doctors,	practitioners
<ul> <li>Health posts</li> </ul>	traditional medical	
· Traditional medical	clinics, and mobile	
clinics	clinics	
<ul> <li>Maternal and child</li> </ul>	<ul> <li>Nongovernmental</li> </ul>	
health centers	organizations	
<ul> <li>Mobile clinics</li> </ul>	· Pharmacies,	
· Village health	shops, and	
workers	markets	



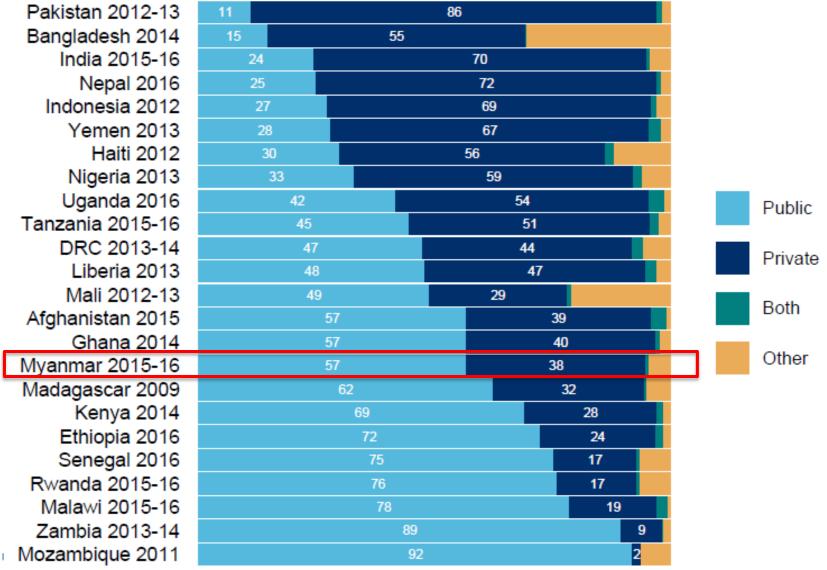
# Across all three illnesses, the **private** and **public** sectors are important sources of care in Myanmar



Source among Burmese who seek sick child care outside the home



### Compared to other USAID priority countries in Asia, Myanmar has low reliance on the private sector

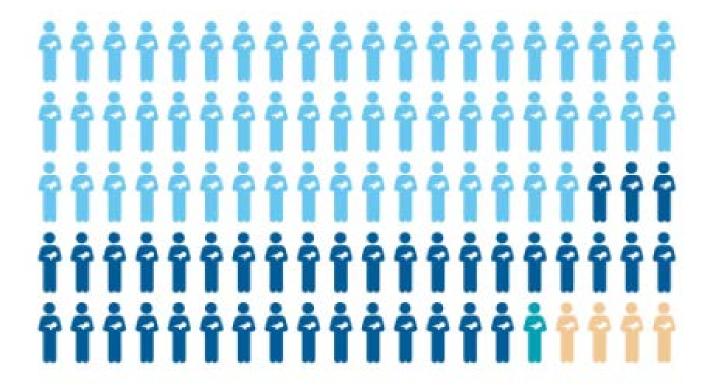


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Among caregivers who seek sick child care outside the home, 38% seek treatment or advice from private sector sources and 57% from public sector sources.

An additional 4% use other sources.



### Sources of care: Clinical versus non-clinical

# Sources of care: Clinical and non-clinical

	Public sector	Private sector
Clinical	<ul> <li>Hospitals</li> <li>Health centers</li> <li>Health posts</li> <li>Traditional medical clinics</li> <li>Maternal and child health centers</li> <li>Mobile clinics</li> </ul>	<ul> <li>Private clinics, hospitals, doctors, traditional medical clinics, and mobile clinics</li> <li>Nongovernmental organizations</li> </ul>
Non-clinical	· Village health workers	<ul> <li>Pharmacies, shops, and markets</li> </ul>



### Clinical care is dominant in the public and private sectors

#### Public sector:

92%



Non-clinical

8%



Private sector:

68%



Clinical

32%

Non-clinical



## By illness: *Little variation* in clinical vs. non-clinical sources of care



Source among Burmese who seek sick child care outside the home

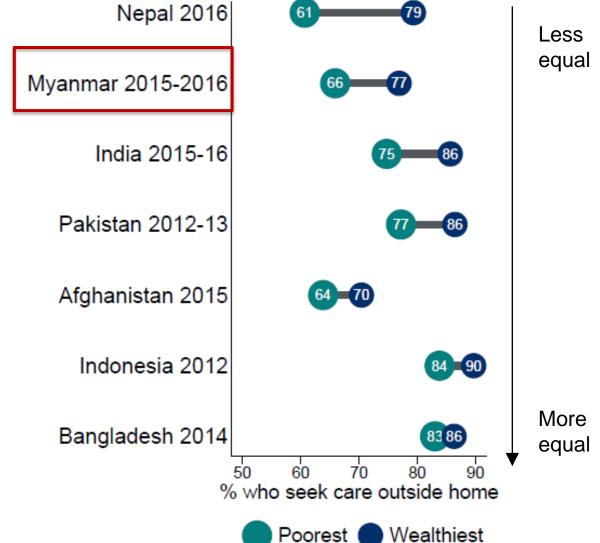
How do patterns of careseeking vary between the poorest and wealthiest Burmese?



Wealthiest

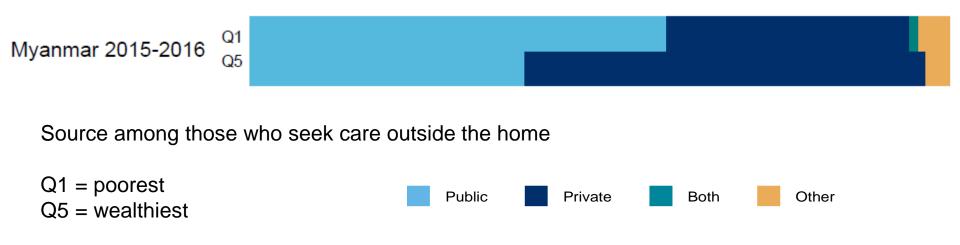
Poorest

#### Myanmar's care-seeking levels are less equitable than some of its neighbors'





# Private sector is dominant for **wealthiest**Burmese; public sector is dominant for **poorest**

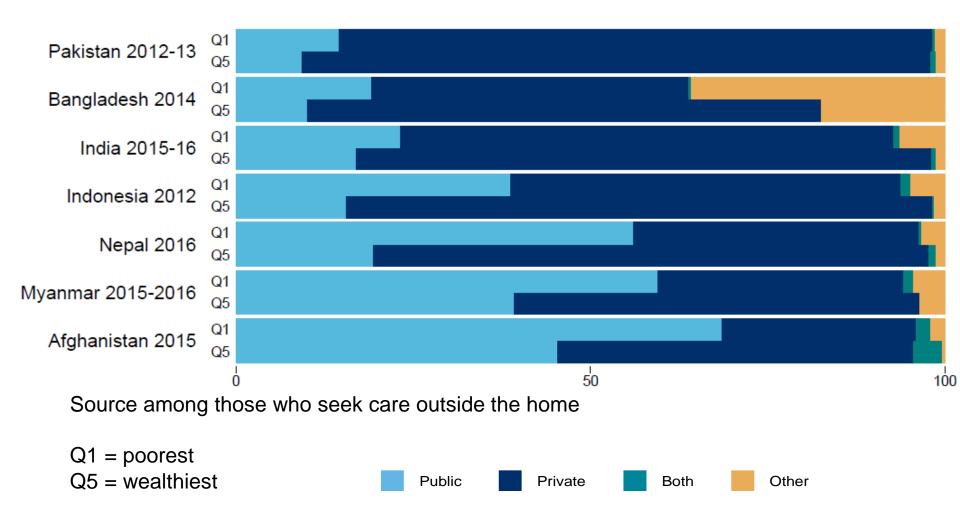


Despite socioeconomic differences, private sector use is substantial for all

- 35% of poorest and 57% of wealthiest caregivers use private sector
   The pattern is flipped for the public sector:
- 59% of poorest and 39% of wealthiest caregivers use public sector



### Myanmar has relatively low levels of private sector use across income levels compared to its neighbors





- 1 out of 4 children experienced a treatable illness in the past two weeks
- 69% of caregivers seek treatment outside the home
  - 38% use the private sector
  - 57% use the public sector
- Public sector is dominant
  - Myanmar has a **low level** of private sector use compared to Asian USAID priority countries
  - Yet, both sectors are important sources of sick child care

- Moderate differences in careseeking sources by SES
  - 39% of wealthiest and 59% of poorest caregivers use the public sector
  - 35% of poorest and 57% of wealthiest use private sources
- Clinical vs. non-clinical sources
  - Private sector: 68% used clinical sources; 32% used non-clinical sources
  - Public sector: 92% used clinical sources; 8% used nonclinical sources

# Acknowledgements

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# About SHOPS Plus

Sustaining Health Outcomes through the Private Sector (SHOPS) Plus is USAID's flagship initiative in private sector health. The project seeks to harness the full potential of the private sector and catalyze public-private engagement to improve health outcomes in family planning, HIV, child health, and other health areas. SHOPS Plus supports the achievement of U.S. government priorities, including preventing child and maternal deaths, an AIDS-free generation, and Family Planning 2020.





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